



Checklist for Therapeutic Use Exemption (TUE) Application

Attention deficit hyperactivity disorder (ADHD)

Prohibited Substances: Methylphenidate and amphetamine derivatives

ADO
logo

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant International Standard for Therapeutic Exemptions (ISTUE) Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	TUE Application form must include:	
	<input type="checkbox"/>	All sections completed in legible handwriting
	<input type="checkbox"/>	All information submitted in [language(s) as per ADO preferences]
	<input type="checkbox"/>	A signature from the applying physician
	<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	Medical report should include details of:	
	<input type="checkbox"/>	Medical history: age at onset of ADHD symptoms, age at initial diagnosis, symptoms across more than one setting, trial of non-prohibited interventions (if used)
	<input type="checkbox"/>	Summary of diagnostic interviews, questionnaires and rating scales used and interpretation in relation to the diagnosis. Copies of relevant sections should ideally be included. Examples include but are not limited to ACDS, CAADID, Barley, DIVA, Conners, K-SADs, SNAP
	<input type="checkbox"/>	The report should be provided by a physician (pediatrician, psychiatrist or other physician specializing in ADHD) or a clinical psychologist. A psychologist assessment must be accompanied by a report from the prescribing physician.
	<input type="checkbox"/>	Diagnosis, referring to ICD-11 or DSM-5
	<input type="checkbox"/>	Stimulant prescribed (methylphenidate and amphetamine are prohibited in-competition) including dosage, frequency, administration route
<input type="checkbox"/>	Additional information (if necessary)	
	<input type="checkbox"/>	Supplementary reports which support the diagnosis: e.g., reports from psychologists, school teachers, parent/guardian (not mandatory) Second opinion (only if required)