

**WADA ATHLETE COMMITTEE MEETING MINUTES
24–25 March 2015
Lausanne, Switzerland**

**The WADA Athlete Committee is the unified voice of clean athletes worldwide,
encouraging integrity and fairness for sport and athletes.**

The WADA Athlete Committee met on 24-25 March 2015 in Lausanne, Switzerland. Committee members attended and took part in WADA's annual Anti-Doping Symposium on its first day, 24 March, where members were included as part of the Symposium's athlete panel titled 'Breaking the Code of Silence'.

The full Committee met on 25 March 2015.

In attendance

- Beckie Scott (Chair), Claudia Bokel, Felipe Contepomi, Francis Doodoo, Matthew Dunn, Tony Estanguet, Andréanne Morin, Koji Murofushi, Ben Sandford, Lauryn Williams (new member), Kirsty Coventry, Mariana Quintanilla (new member)
- WADA Representatives: David Howman, Catherine McLean, Stacy Spletzer-Jegen

Director General's Report

The Director General covered a number of topics with members of the Committee and received responses and recommendations on a number of them:

1. Supplements. The Committee agreed that the issue of supplements must be one that is fully understood by athletes in general. Taking supplements is risky because of the lack of regulation within the industry itself and the commensurate inability to rely on the labeling on the products.

The Committee suggested a number of positive steps that might be considered by WADA:

- Encourage UNESCO to develop discussions with industry leaders in order to promote regulation of the industry and to ensure that such regulation is properly monitored.
 - That WADA consider organizing a meeting or symposium engaging a small group of nutritional experts to examine the present position in relation to supplements and accordingly advise athletes in a considered fashion.
 - That there be some attention given to innovative research projects under the New Research Fund relating to supplements so they are properly researched, whether through social science or science.
 - Continue to promote the medical advice and guidance of a good and healthy diet.
 - Acknowledge that some athletes feel that there is a "benefit" from taking supplements whether it be psychological or physical.
2. More information be provided to athletes on testing programs including collection of samples from athletes during the periods of their suspensions. Athletes wanted more information on how

banned athletes were appropriately monitored during the time of their suspension from sport and that there be some notice given of testing programs for those athletes.

3. Athletes be advised of more storage of samples beyond the three-month period which is seen as a minimum in the International Standard for laboratories.
4. The Committee agreed that there was considerable importance in the pre-games testing programs conducted globally before major international events such as the Olympic Games.
5. Some concern was expressed by athletes as to the fact that not all medalists at major international multi-sport events are tested. The sentiment from many was that athletes who medal expect to be tested.
6. More clarity provided for the application of the rule relating to prohibited association. Who will be notifying athletes and how will the information come to those who are responsible for notifying athletes of those with whom they should not associate.
7. The integrity of the anti-doping organizations responsible for sample collection is vital for gaining the trust of athletes in the process. This integrity is to be earned by those involved in sample collection and the conduct of anti-doping programs in general. For example, it is important that DCOs not see themselves as friends of the athletes, but rather conduct their jobs in a professional manner, without blurring lines of professionalism.
8. Athletes felt it very important that the private sample selection companies in the world be properly and fully monitored by WADA for compliance.
9. Athletes seek training in relation to the whereabouts phone App.
10. Athletes would like to make more comments particularly when high profile athletes are making negative statements in relation to anti-doping. A recent example involving a very high profile footballer was raised in regard to social network messaging.
11. There are some athletes who are in national or international registered testing pools and who have full time jobs outside of sport. To be required for sample collection during working hours can sometimes be professionally challenging (for example, an athlete/lawyer is required to provide a sample shortly before being due to appear before court, The lawyer/athlete was unable to persuade the DCO to defer sample collection until after completing his/her professional mandate).
12. Athletes requested more transparency and publicity of cases involving breach of the anti-doping rules.

Stakeholder Engagement

The Committee aims to be the link of the athlete voice and accordingly, each member is encouraged to reach out to their IF, NADO, NOC and/or other athlete groups in an effort to gain greater insight and feedback to WADA's programs and policies. This is intended to be a two-way communication channel.

Committee members have all been assigned a point of contact from established athlete Committees to begin communicating meeting outcomes and asking for future insight and feedback.

New ADAMS

Deputy Director Stuart Kemp provided Committee members with an overview of the new ADAMS system currently under development. Those members currently using or familiar with ADAMS will be requested to take part in the areas being developed specifically for athletes.

TDSSA

The Director of Standards and Harmonization, Tim Ricketts, provided an in-depth look at the development of the TDSSA. Members were able to gain a better understanding of its rationale for percentage of testing as it relates to specific sports and disciplines.

Communications

The new Communications Director, Catherine MacLean, was introduced to the Committee and provided a very high level overview regarding WADA's immediate communications priorities. The Committee was also advised that, from time to time, we would be seeking their feedback in order to ensure that we are meeting athletes' needs and representing the voice of the clean athlete.

Prohibited List

The Prohibited List was discussed. Many find the List confusing and hard to decipher and would suggest a fresh look on how to provide this important information to athletes.

Activity Summary from Members:

- The WADA Athlete Committee showcased their support for the Russian investigation in a written statement posted to WADA's website.
- Beckie Scott has been appointed to WADA's Compliance Review Expert Group.
- Mariana Quintanilla will attend WADA's Education Committee meeting in order to share the athletes' insight. Also, she will compete at the 2015 Pan American Games in July in the sport of shooting;
- Ben Sandford attended WADA's first ever Legacy Outreach event at the 2015 FIS Nordic World Championships in Falun Sweden. Ben served as an athlete ambassador and liaised with the FIS Athlete Committee Chair, Kikkan Randall. Legacy Outreach was launched as a partnership initiative to support international federations in developing and delivering outreach at their major championships.
- Andréanne Morin recently presented on the athletes' perspective to the DCOs who will work at the 2015 Pan American Games.
- Claudia Bokel chaired the Agenda 2020 section on protecting and honoring the clean athlete.
- Felipe Contepomi is being featured in a World Rugby video on supplements.
- How do we incentivize the clean athlete? Lauryn Williams encouraged the Committee to contemplate this point with future suggestions.

Next Meeting/Follow-up

The next Athlete Committee meeting will be held via teleconference on May 7, 2015 prior to WADA's Executive and Foundation Board meetings. The Committee will meet in person in Montreal, Canada on 19-20 October 2015. Members will continue to receive on a regular basis news clips from WADA on anti-doping issues.