Checklist for Therapeutic Use Exemption (TUE) Application:

ADO logo

**Asthma**

*Prohibited Substances: Beta-2-agonists*

This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents MUST be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

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|  | **TUE Application form** must include: |
|  |  | All sections completed in legible handwriting |
|  |  | All information submitted in [language] |
|  |  | A signature from the applying physician  |
|  |  | The Athlete’s signature |
|  | **Medical report** should include details of: |
|  |  | Medical history: symptoms of airway obstruction, provocative stimuli, aggravating factors, exacerbations, age at onset, course of disease under treatment (specify) |
|  |  | Findings on examination: airflow obstruction at rest, exclusion of differential diagnoses |
|  |  | Summary of diagnostic test results: spirometry, if spirometry normal, include reversibility test, if both normal, include provocation test  |
|  |  | Interpretation of symptoms, signs and test results by respiratory physician |
|  |  | Beta-2-agonists (except for salbutamol, salmeterol, formeterol by inhalation and in therapeutic doses, all are prohibited at all times) and/or glucocorticoids (only prohibited in-competition and when given systemically) prescribed including dosage, frequency, administration route |
|  |  | Response to treatment with previous/current medication  |
|  | **Diagnostic test results** should include copies of: |
|  |  | Spirometry report with flow curve |
|  |  | Spirometry report with flow curve after bronchodilator administration (reversibility test) if above spirometry shows normal findings |
|  |  | Documentation (incuding spirometry report with flow curve) of a recognized provocation testif both spirometries above show normal findings |
|  | **Additional information** included (not mandatory) |
|  |  | Peak flow log, allergy test results, previous spirometry and provocation tests results |